

The method of claim 42, wherein the ultrasound is directed to a location within the body in an invasive manner, with an ultrasound device which is inserted into the body.

The method of claim 43, wherein T = about 1 millisecond to 1000 milliseconds

29 45. The method of claim 42, wherein the frequency of the ultrasound produced in about 20 to 100 KHz.

The method of claim 42, including the step of producing ultrasound with a pulse duration of $\tau \le 100$ milliseconds and transmitting the ultrasound to a location within a body via a transmission member which is at least partially inserted into the body.

The method of claim 46, wherein T is about 100 to 500 milliseconds.

The method of claim 46, wherein τ is about 20-60 milliseconds.

The method of claim 46, wherein τ is about 10-100 milliseconds.

The method of claim 47, wherein τ is about 10-100 milliseconds.

The method of claim 50, wherein the frequency of the ultrasound produced is about 20-100 KHz.

The method of claim 51, wherein the ultrasound is produced with a transducer operated at a peak power output of 10 to 40 watts.